**Safety-Care for Families**

**QBS, Inc.**

Safety-Care for Families is a training program that allows professionals to support family members and other stakeholders working with behaviorally challenging individuals in a home setting. This training provides parents and others aged 18 and up with the skills and interventions needed to improve behavior and to prevent and minimize potentially dangerous incidents.

Essential Skills: Levels 1 & 2 will be offered to families, and each session is approximately 2 hours long. Participation in both sessions is required. Space is limited to 15 family members/caregivers.

Topics:

* Level 1
  + Understanding Challenging Behavior
  + Incident Prevention
    - Safe/Supportive Environments
    - Safety Habits
    - Caregiver Behavior
    - Reinforcement Strategies
* Level 2
  + Triggers and Signals of Challenging Behavior
  + De-Escalation Strategies
  + Family Safety Plans
  + Safety Away from Home

*Trainer:*

Kathryn Ulrich

Gateway School District

Speech-Language Pathologist  
District QBS Safety-Care Trainer